



The Eye Opener
NAPANC



Happy National Nursing Week!! May 6-12, 2019

"To be 'in charge' is certainly not only to carry out the proper measures yourself but to see that every one else does so too."
Florence Nightingale

#VoiceToLead

NURSES
A VOICE TO LEAD

Health for All

NATIONAL NURSING WEEK

MAY 6-12, 2019

NURSES
A VOICE TO LEAD
HEALTH FOR ALL

Your leadership makes a difference every day.
Share your story @canadanurses #VoiceToLead #IND2019 & #NationalNursingWeek

CANADIAN
NURSES
ASSOCIATION

The theme is **Nurses: A Voice to Lead – Health for All**. It was developed by the International Council of Nurses (ICN). According to ICN, A Voice to Lead reflects the fact that “every nurse has a story and every story has the potential to improve the health system and enable individuals and communities to achieve their highest attainable standard of health. From these insights comes the power for change.” Health for All means “not just the availability of health services, but a complete state of physical and mental health that enables a person to lead a socially and economically productive life.”



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About National Nursing Week

The week draws attention to nurses, increasing the awareness of the public, policy-makers and governments of the many contributions of nursing to the well-being of Canadians.

In 1971, the International Council of Nurses (ICN) designated May 12, the birthday of nursing pioneer Florence Nightingale, as International Nurses Day. In 1985, CNA members passed a resolution to begin negotiations with the federal government to have the week containing May 12 proclaimed as National Nurses Week annually. Soon after, the federal minister of health proclaimed the second week of May as National Nurses Week. In 1993, the name was changed to National Nursing Week to emphasize the profession's accomplishments as a discipline.



President's Message:

Greetings to ALL PeriAnesthesia Nurses of Canada as you celebrate National Nurses week from May 6-12. As we celebrate National Nurses week it's an opportunity to recognize each and every perianesthesia nurse who provides care, compassion and kindness along with skill and expertise to patients and their families every day.

Secondly, PeriAnesthesia Nursing is a critical care specialty, that all Canadian PeriAnesthesia nurses can be proud to represent. As you may be aware November 2019 may be the last date to write the PeriAnesthesia Certification exam. This National Nurses week is an opportunity for all perianesthesia nurses to consider becoming certified as a perianesthesia nurse PANC(C) with the Canadian Nurses Association (CNA). The application window is June 3-September 12 with the exam write date November 1-15. Those who are due for renewal can still renew by continuous learning. LETS ALL DO OUR PART TO ENSURE OUR SPECIALTY EXAM WITH CNA STAYS ALIVE BY WRITING THE PERIANESTHESIA

CERTIFICATION EXAM IN NOVEMBER. NAPANc can assist you in preparing for the exam with a study guide and learning modules.

Finally, I hope you all take the time to celebrate National Nurses Week, May 6-12 in your work places. Feel free to share with NAPANc how your work place celebrated National Nurses Week by sending photos and or stories to www.napanc.ca

Sincerely,

Michelle Best RN PANC(C)
President, NAPANc 2018-2020




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NAPAN[®] CANIPA[®]
National Association of PeriAnesthesia Nurses of Canada

2019 National Conference

*PeriAnesthesia Nursing:
"A Mosaic of Skills ... Every Piece
Counts"*



17th Annual NAPAN[®] Conference

May 31 - June 2, 2019
Atlantica Hotel, Halifax Nova Scotia

Hosted By ANSPAN
(Association of Nova Scotia PeriAnesthesia Nurses)

Registration and bursary info at www.napanc.ca



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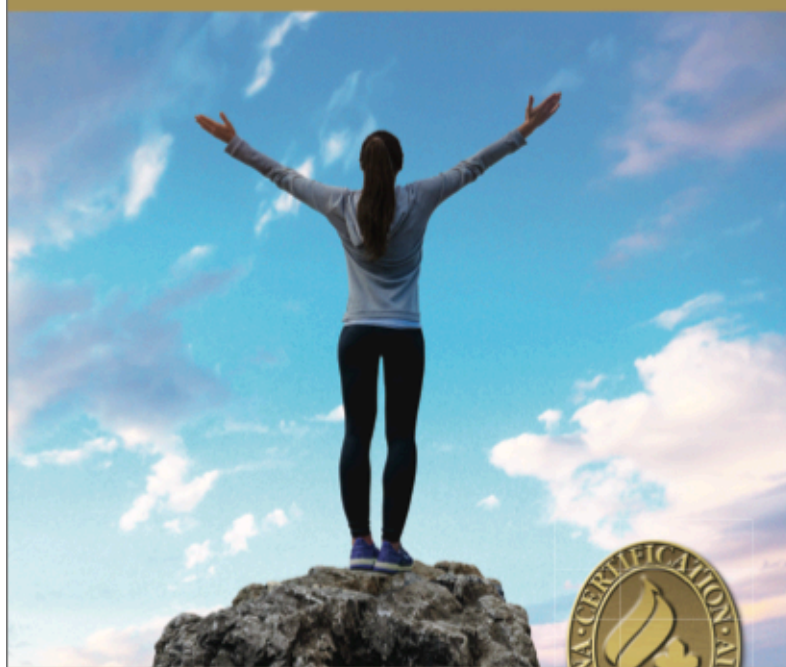


National Association of PeriAnesthesia Nurses of Canada

2019 CNA CERTIFICATION



COMMIT TO EXCELLENCE



IMPORTANT DATES

FALL 2019

June 3 – September 12

Application window to **write or renew by exam**

November 1 – 15

Certification **exam window**

YEAR ROUND

January 10 – November 1

Application window to **renew by continuous learning**

Apply by June 1 to **save 10%** on your renewal fee.

CURRENT SPECIALTIES

APPLY FOR OR RENEW YOUR CERTIFICATION IN:

CARDIOVASCULAR
COMMUNITY HEALTH
CRITICAL CARE
CRITICAL CARE PEDIATRICS
EMERGENCY
GERONTOLOGY
HOSPICE PALLIATIVE CARE
MEDICAL-SURGICAL
NEONATAL
NEPHROLOGY
OCCUPATIONAL HEALTH
ONCOLOGY
PERINATAL
PERIOPERATIVE
PSYCHIATRIC AND MENTAL HEALTH
WOUND, OSTOMY AND CONTINENCE

NEW SPECIALTIES — FIRST EXAMS THIS FALL

APPLY BY SEPTEMBER 12 TO WRITE THESE EXAMS:

GERONTOLOGY — for licensed/
registered practical nurses
PEDIATRICS — for registered nurses and
nurse practitioners

RETIRING SPECIALTIES — LAST EXAMS THIS FALL

APPLY BY SEPTEMBER 12 FOR THE FINAL CHANCE TO WRITE THESE EXAMS:

GASTROENTEROLOGY
NEUROSCIENCE
ORTHOPAEDIC
PERIANESTHESIA
REHABILITATION

RNs certified in any of these specialties will be able to maintain their credential indefinitely by renewing every five years through continuous learning.



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getcertified.cna-aiic.ca
1-800-361-8404 • certification@cna-aiic.ca

Care to Be
the Best.



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Now is the time to get certified in perianesthesia nursing as it is one of the five CNA Certification exams slated to be retired this year.

(Watch this video message from CNA CEO Mike Villeneuve

<https://www.youtube.com/watch?v=FQGoSoTDasc>)

The next writing is fall 2019 and registration opens in June. All certified RNs will be able to maintain their credentials by renewing every five years through continuous learning. See the NAPANc website for bursary opportunities as well as a study guide that is available for members.

<http://napanc.ca/index.php/certification>

Provincial News

Congratulations to **QPANA** on a successful conference and welcome to the new faces joining their executive: Byanca Jeune - President

Jimmy Hannon - Vice-President

Cindy Chow - co-Treasurer

Véronique Beaulne - Secretary



(Laura Van Loon, NAPANc first president, pictured with most of AIPAQ/QPANA Executive & Board Members)



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Congratulations also to **PANAsac** on their successful efforts to recruit a new executive to carry on the southern Alberta chapter of perianesthesia nurses.

Welcome to: Devany Holzwarth - President

Jolene Watt - Secretary

Shannon Kidd - Treasurer

OPANA has had an interesting question posed regarding staffing ratios, are there other hospitals out there encountering the same issues with staffing?

“I have just started working for a new small hospital in PACU. After 6pm there is only one RN staffed in PACU. This nurse, provides preop, PACU1 and PACU2 care. The standards clearly state that there must be 2 trained RNs in the room for a phase 1 immediate post operative patient. The hospital feels as though the OR nurse fills this requirement. The OR nurse is neither trained in PACU/ACLS or available as they are usually in the OR. I am looking for some advice and possibly referrals to others that could assist in this matter. I am curious what other small hospitals are doing regarding this.”

Send your responses to info@NAPANc.ca

MAPAN has an upcoming conference:

Manitoba Association of PeriAnesthesia Nurses invites Nurses to attend their Annual Spring Workshop

"Back to Basics"

Come and enjoy a day of going back to the basics of anesthesia, along with new techniques, and updates,
as well as some self-care and pampering such as neck massages and other goodies!
Breakfast and lunch included. Complimentary wine and cheese mingle at the end of the session!

When: Saturday, May 11, 2019, from 0800-1630

Where: Canad Inns Fort Garry 1824 Pembina Hwy Winnipeg

Cost: \$100.00 for Members, Membership available for \$35.00

Inquiries or to register: email Cheri Besignano at cbesignano@vgh.mb.ca

Here is an interesting video from Sunnybrook Hospital on the effects of pre-hydration for surgical patients: https://www.youtube.com/watch?v=JUaiRci_ouc



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NAPANc ANIPA
National Association of PeriAnesthesia Nurses of Canada

For those of you looking to combine education with some fun in the sun, the ICPAN conference is being held in sunny Cancun this November!



The poster features a vibrant background image of a tropical beach in Cancun, Mexico, with high-rise hotels and turquoise water. The text is overlaid in various colors and fonts, with some elements enclosed in star-shaped callouts. The main title is in large, bold, blue letters. The dates and website are clearly displayed in the lower half. Logos for sponsors and the organizing body are at the bottom.

**5TH INTERNATIONAL
CONFERENCE FOR
PERIANAESTHESIA NURSES**

EXPLORING NEW HORIZONS,
EMPOWERING GLOBAL PRACTICE

Learn, network,
explore, relax in
paradise with
global colleagues
at ICPAN 2019

Keynote
Speakers
from Brazil,
Sweden,
United
Kingdom

**CANCUN
MEXICO**

**5TH - 8TH
NOVEMBER 2019**
www.icpan.org

International Collaboration of PeriAnaesthesia Nurses
ICPAN
Promoting Global Excellence in PeriAnaesthesia Nursing

✕ **btc**

Register online now @
www.icpanconference.com